

Lesson Two Discussion Guide

Spiritual hunger is a gift that God has given us to help us recognize our need for Him. It forces us to recognize our dependence on Him.

We all have an emptiness inside that we try to fill in various ways.

According to Ecclesiastes chapter 2, people try to fill their emptiness in three ways:

1) Worldly Pleasure (2:1-11)

-How do people seek fulfillment through pleasure?

2) Wisdom (2:12-17)

-How do people seek fulfillment through wisdom?

3) Work (2:18-23)

-How do people seek fulfillment through work?

*The author of Ecclesiastes discovered the vanity of seeking fulfillment in worldly pleasure, wisdom, or work. He realizes that he must turn to God if he wants his hunger satisfied.

*We see in the New Testament that Jesus is the one that fills our hunger. He is the True Bread that nourishes people spiritually and satisfies their deep spiritual longings of their souls (John 6:25-35).

Jesus is our True Bread. Feeding on him means feeding on his finished work for us—his perfect obedience and atoning sacrifice...Jesus is also the True Word that we are meant to live by. We're meant to feed on his finished work in our Bibles.

Rondi Lauterbach

*We feed on Christ through salvation, through remembering what He's done for us, and through the Bible.

*We see Jesus in the Old Testament in prophecies and in types. Types are people, events, or things that God has ordained to point to the person and work of Christ.

*What are some examples of types in the Old Testament?

*Our hunger isn't satisfied just by reading the Bible. Scripture alone isn't the bread of life. Jesus is.

Recommended Resources:

- *Hungry: Learning to Feed Your Soul with Christ* by Rondi Lauterbach
- *God Does His Best Work with Empty* by Nancy Guthrie
- *Seeing Jesus in the Old Testament* Bible Study series by Nancy Guthrie
- *Even Better than Eden* by Nancy Guthrie
- *Jesus on Every Page* by David Murray

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_____ is a gift that God has given us to help us recognize our need for Him. It forces us to recognize our _____ on Him.

We all have an _____ inside that we try to fill in various ways.

According to Ecclesiastes chapter 2, people try to fill their emptiness in three ways:

1) _____ (2:1-11)

-How do people seek fulfillment through pleasure?

2) _____ (2:12-17)

-How do people seek fulfillment through wisdom?

3) _____ (2:18-23)

-How do people seek fulfillment through work?

*The author of Ecclesiastes discovered the _____ of seeking fulfillment in worldly pleasure, wisdom, or work. He realizes that he must turn to _____ if he wants his hunger satisfied.

*We see in the New Testament that _____ is the one that fills our hunger. He is the _____ that nourishes people spiritually and satisfies their deep spiritual longings of their souls (John 6:25-35).

Jesus is our True Bread. Feeding on him means feeding on his finished work for us—his perfect obedience and atoning sacrifice...Jesus is also the True Word that we are meant to live by. We're meant to feed on his finished work in our Bibles.

Rondi Lauterbach

*We feed on Christ through _____, through _____ what He's done for us, and through the _____.

*We see Jesus in the Old Testament in _____ and in _____. Types are people, events, or things that God has ordained to point to the _____ and _____ of Christ.

*What are some examples of types in the Old Testament?

*Our hunger isn't satisfied just by reading the Bible. _____ alone isn't the bread of life. _____ is.

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Lesson Two: Putting it into Practice

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Choose a passage from the Old Testament to search for Christ.
Use the passage you choose to answer the following questions.

*Today's passage: _____

*What shortcut do I see in this passage: _____

*How does this passage point me to Jesus? _____

*How is Jesus beautiful to me today? _____

*How does this change the way I see my life today? _____

*How will God provide for me today through Christ? _____

*Today's takeaway: _____

TITLES OF JESUS IN OLD TESTAMENT

- 1) Angel of Covenant: Malachi 3:1
- 2) Angel of the Lord: Judges 13:18
- 3) Anointed: Psalm 45:7
- 4) Chosen of God: Isaiah 42:1
- 5) Eternal Father: Isaiah 9:6
- 6) Everlasting Light Isaiah 60:20
- 7) Firstborn: Psalm 89:27
- 8) Glory of the Lord: Isaiah 40:5
- 9) Holy One: Isaiah 49:7
- 10) Judge: Isaiah 33:22
- 11) King of Glory: Psalm 24:7-8
- 12) King of Zion: Psalm 2:6
- 13) Light to the Nations: Isaiah 42:6
- 14) Lord of Hosts: Psalm 24:10
- 15) Man of Suffering: Isaiah 53:3
- 16) Priest: Zechariah 6:13
- 17) Redeemer: Isaiah 59:20
- 18) Righteous Branch: Jeremiah 33:15
- 19) Righteous One: Isaiah 53:11
- 20) Root of Jesse: Isaiah 11:10
- 21) Sanctuary: Isaiah 8:14
- 22) Savior: Isaiah 19:20
- 23) Scepter of Israel: Numbers 24:17
- 24) Seed of the Woman: Genesis 3:15
- 25) Servant: Isaiah 49:3
- 26) Shoot of Jesse: Isaiah 11:1
- 27) Son of Man: Daniel 7:13
- 28) Sun of Righteousness: Malachi 4:2
- 29) Tested Stone: Isaiah 28:16
- 30) Witness: Isaiah 55:4

PORTRAIT OF THE MESSIAH

Jesus is our...

1. Comforter (Isaiah 40:1-2)
2. King (Isaiah 40:3-4)
3. Deliverer (Isaiah 40:5)
4. Assurance (Isaiah 7:14; Matthew 1:23)
5. Good News (Isaiah 40:9; 60:1)
6. Light (Isaiah 60:2-3)
7. Example (Isaiah 9:2)
8. Ruler (Isaiah 9:6)
9. Shepherd (Luke 2:8)
10. Shelter (Luke 2:9)
11. Savior (Luke 2:10-11)
12. Hope (Luke 2:12)
13. Peace (Luke 2:13-14)
14. Healer (Isaiah 35:5-6)
15. Rest (Isaiah 40:11; Matthew 11:28-29)
16. Sacrifice (John 1:29)
17. Substitute (Isaiah 53:3; 50:6)
18. Scapegoat (Isaiah 53:4-5)
19. Atonement (Isaiah 53:6)
20. Consolation (Psalm 69:20)
21. Propitiation (Lamentations 1:12)
22. Justification (Isaiah 53:8)
23. Joy (Psalm 16:10)
24. Victory (Psalm 24:7-10)
25. Messenger (Isaiah 52:7; Romans 10:15)
26. Lord (Revelation 19:6, 16; Revelation 11:15)
27. Redeemer (Job 19:25-26)
28. Resurrection (1 Corinthians 15:51-52)
29. Immortality (1 Corinthians 15:53-55)
30. Defender (Romans 8:31, 33-34)
31. Lamb (Revelation 5:12-13)