

How the study will work:

There are ten lessons in this study. Before you begin, you will need to download and print this study pack. It contains the worksheets for all ten lessons.

We'll be using the CRAVE Bible study method, because my hope is that this short study will cause you to crave more of God's Word 😊 There are several steps to the study, but some of them are optional. However, the more time you invest in the study, the more you will get out of it.

FOR EACH LESSON:

1. Copy the passage. Simply handwrite the verse/passage into a journal or on the back of the worksheet.
2. Read the passage. Read it slowly and deliberately, focusing on the meaning of each word. It may also help to read it from various translations. You can find them online from sites like [Bible Hub](#) or [BibleGateway](#) if you don't have any other translations at home to refer to.
3. Answer the questions. There is a worksheet with the lesson's verse or passage and a series of questions to answer to help you dig deeper into the text.
4. View the video. I'll be posting a short video on my blog for each lesson to help you understand the passage better. You can find those videos here:
5. Engage the passage. Once you are familiar with what the passage is saying and what it means, think about some ways that you can apply the passage personally to your life. There are questions included on the worksheet to help you.

*Unless otherwise indicated, all Scripture is from the ESV Bible.

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

2 Corinthians 5:17

Outline:

“If anyone is in Christ...”

Lesson One: We are united to Christ through our faith in Him (Gal. 2:20).

Lesson Two: We are united to Christ by our commitment to Him (Matthew 16:24-26).

“He is a new creation...”

Lesson Three: We become a new creation by being born again (John 3:3).

Lesson Four: We are becoming new through sanctification (Rom. 8:29).

Lesson Five: We will not be perfectly new until we reach heaven (1 John 3:2).

“The old has passed away...”

Lesson Six: We cannot follow our own sinful desires (James 4:1-3).

Lesson Seven: We cannot live like the world around us (James 4:4).

Lesson Eight: We cannot give in to the devil’s temptation (James 4:7).

“The new has come...”

Lesson Nine: We must live worthy of our calling (Eph. 4:1-3).

Lesson Ten: We must renounce our old godless way of life and live godly lives (Titus 2:11-14).

Lesson One: "If anyone is in Christ..."

We are united to Christ through our faith in Him.

Study Questions:

Write Galatians 2:20.

Read Galatians 2:20.

1. What does it mean to be crucified with Christ?
2. According to this verse, what is the result of having been crucified with Christ?
3. Having been crucified with Christ, how should we now live?
4. Why is Jesus deserving of our faith?
5. What comes to your mind when you think about Jesus loving you enough to give himself for you?
6. How can we live out our faith on a daily basis?

Lesson One: "If anyone is in Christ..."

We are united to Christ through our faith in Him.

Video Notes:

- As a result of the Fall, we are born with a _____ heart and a _____ nature.
- We all need a spiritual makeover. The key to our spiritual makeover is found in _____, or, more specifically, by our being _____.
- Being in Christ means to be united with Him by placing our _____ in Him and by being _____ to Him.

Galatians 2:20 shows us four things about being united to Christ:

1. First, we are united to Christ through His _____. We have been crucified with Christ, which means that we have died to _____ and to _____.
2. Second, we are united to Christ in _____. Because we are in Christ and He is in us, we should want to live a life of _____ and _____.
3. Third, we are united to Christ by _____. When we put our faith in Christ, we're simply saying that we _____ Him. We trust Him to _____ for us. We also trust that He is _____ and _____ to save us.
4. Fourth, we are united to Christ because of His _____ for us. Because we needed a perfect sacrifice to _____ for our sins, Jesus was the only one capable of meeting that need. He was willing to _____ that need and _____ Himself for us because He loves us.

Lesson Two: "If anyone is in Christ..."

We are united to Christ by our commitment to Him.

Study Questions:

Write Matthew 16:24-27.

Read Matthew 16:24-27.

1. What does Jesus say we must do if we are to come after Him?
2. What does it mean to deny yourself? To take up your cross? To follow Jesus?
3. What are some practical ways that you can deny yourself, take up your cross, or follow Jesus in your daily life?
4. What does this passage teach about being committed to Christ?
5. What reasons does Jesus give for following Him?
6. What do we gain by following Christ?

Lesson Two: "If anyone is in Christ..."

We are united to Christ by our commitment to Him.

Video Notes:

Proponents of _____ teach that it is possible to trust in Christ as your Savior without ever choosing to or even desiring to live a life of obedience to Him.

However, this is in direct _____ to the clear teaching of Scripture.

In Matthew 16:24, Jesus gives three requirements for those who would be His disciples, or followers, all of which require a commitment on our part:

1. We must _____ ourselves. According to Blue Letter Bible, the word *deny* means "to forget one's _____, lose sight of one's self and one's own _____."
2. We must take up our cross, meaning we must seek _____, no matter the cost. There's no room in God's kingdom for those who merely give _____ to being a disciple.
3. We must follow Him. The word *follow* implies becoming one's _____, and the word *disciple* means "_____." So, we must learn from Christ and follow His _____.

In Matthew 16:25-27, Jesus also gives three reasons of why we must commit to Him:

1. Jesus says, "Whoever would _____ his life will lose it, but whoever loses his life for my sake will _____ it" (verse 25).
2. When we gain the _____, we actually forfeit our _____ (verse 26).
3. When Christ returns, He will _____ each of us for our deeds (verse 27).

Lesson Three: "He is a new creation..."

We become a new creation by being born again (regeneration).

Study Questions:

Write John 3:3.

Read John 3:3.

1. What does Jesus say must happen if a person is to see the kingdom of heaven?

Read Ephesians 2:1-10.

1. According to verses 1-3, why do we need to be born again?
2. According to verses 4-5 and 8-9, how are we born again? Where does regeneration come from?
3. According to verses 6-7 and 10, what is the result of being born again?
4. How do you feel knowing that God has given you the gift of salvation?
5. What good works do you think God has created you for?

Lesson Three: "He is a new creation..."

We become a new creation by being born again (regeneration).

Video Notes:

- Although Nicodemus had a thorough knowledge of the Scripture, he was ignorant about _____.
- The only way people can see the truth of God's Word is if the _____ reveals it to them (1 Corinthians 2:14).
- When Jesus tells Nicodemus that he must be born again, He's referring to _____ birth, a process called _____.

Ephesians 2:1-10 describes the process of regeneration:

1. First, we see our _____ for regeneration (verses 1-3). Paul describes an unbeliever as being _____ in her sins, following the way of the _____, living according to her own desires and passions.
2. Second, we see the _____ of regeneration (verses 4-5 and 8-9). _____ is the one who grants spiritual life, and He does that through the person of the _____.
3. Third, we see the _____ of regeneration (verses 6-7 and 10). Our salvation places us in _____. Our regeneration and salvation should also result in _____, because that is what God created us to do.

Lesson Four: "He is a new creation..."

We are becoming new as we become more like Christ (sanctification).

Study Questions:

Write Romans 8:29.

Read Romans 8:29.

1. Whom did Jesus predestine? What did he predestine them for?
2. What does predestine mean?
3. What does it mean to be conformed to the image of God's Son?
4. How can we be conformed to the image of Christ?
5. How do you feel about the statement, "God loves you just as you are, but He loves you too much to leave you that way?"
6. What has God had to change in you since you've been saved?

Lesson Four: "He is a new creation..."

We are becoming new as we become more like Christ (sanctification).

Video Notes:

- "God _____ you just as you are, but He loves you too much to _____ you that way."
- The word _____ refers to God's choosing to love us and have a relationship with us from before time began.
- In this context, _____ just means that God decided something beforehand.
- The process of _____ is how we are being made new as we are being conformed to the image of Christ.
- On the one hand, sanctification is _____ work in us, because God gives us the _____ and the _____ to do His will (Philippians 2:13).
- However, sanctification is also something we must _____ for. We must _____ ourselves to do God's will (1 Timothy 4:7-8).
- We must study the Scripture to know what God _____ of us. We can read the _____ to learn more about Christ.
- It's equally important to study the rest of Scripture, because all of Scripture points to _____, and all Scripture is valuable for teaching, _____, correction, and training in righteousness so that we may be equipped for every good _____ (2 Timothy 3:16-17).

Lesson Five: "He is a new creation..."

We will not be perfectly new until we reach heaven (glorification).

Study Questions:

Write 1 John 3:2.

Read 1 John 3:2.

1. Whose children are we?
2. What has not yet appeared?
3. Who shall we be like when he appears?
4. What does it mean that we shall be like him? When will this happen?
5. In what ways are you like Christ now? In what ways do you fail to act like Christ?
6. How does this verse give you hope or encouragement?

Lesson Five: "He is a new creation..."

We will not be perfectly new until we reach heaven (glorification).

Video Notes:

- People should be able to tell who our _____ is because of the way we _____.
- The goal of Christianity is to become _____ as God is _____ (Matthew 5:48), but obviously we'll never reach perfection in this _____.
- In 1 John 3:2 John says that we are not yet reflecting God's _____ as perfectly as we should.
- Although we will make _____, and we may overcome certain sins, sin will always _____ in us.
- No matter how hard the _____ with sin may seem, we must keep fighting, taking advantage of the _____ that God given us to be victorious.
- We may win some battles with _____, and we may lose some. The good news is, though, that we are promised to win the _____.
- When we get tired of _____, we can look forward to our future glorification, when we will finally be made perfectly new and we can rest in _____ for all eternity.

Lesson Six: "The old has passed away..."

We cannot follow our own sinful desires.

Study Questions:

Write James 4:1-3.

Read James 4:1-3.

1. Why do people fight and argue?
2. Why don't people receive what they ask for?
3. How are our passions at war within us?
4. In what ways do you fight against your own sinful desires?
5. How do you react when you don't get what you want?
6. Why do you ask God for the things that you do?

Lesson Six: "The old has passed away..."

We cannot follow our own sinful desires.

Video Notes:

- Jesus said, "A _____ tree cannot bear bad fruit, nor can a diseased tree bear good fruit...You will recognize them by their _____" (Matthew 7:18, 20).
- God has given us ways to _____ our own faith, and _____ is one of them. We know what's in our own hearts, and we can tell if our fruit is _____.
- If we are really saved there should be some _____.

In James 4:1-3, I see three fruit that we can check in ourselves to determine if we have really been made new:

1. First, we need to check our _____. These people are clearly just seeking to please themselves.
2. The second fruit that we should check is our _____. How do you react when you can't get what you want?
3. The final fruit that we can check is our _____. Why do you want the things that you want?

Inspecting our own fruit can be _____. But if we are truly new creations in Christ, we should want to _____ the sin in our hearts.

Lesson Seven: "The old has passed away..."

We cannot live like the world around us.

Study Questions:

Write James 4:4.

Read James 4:4.

1. What does James call his readers? Why would he call them that?
2. What does James say about being a friend of the world?
3. What does it mean to be a friend of the world?
4. Why does being a friend of the world make you an enemy of God?
5. In what ways are you loving the world more than God?
6. How can you resist the temptation to love the world more than God?

Lesson Seven: “The old has passed away...”

We cannot live like the world around us.

Video Notes:

Sometimes, other people’s influence on us is _____ or neutral. But sometimes it can be very _____.

James makes it clear that those who love the things of the _____ are at odds with God in two ways.

1. First, James says that those in love with the world are actually having an _____ with the world rather than remaining true to their love for God. We must guard our _____ and _____ because if we don’t, we will be led astray.
2. Second, those who love the world are _____ of God. By choosing to love the things of the world, we are actually waging _____ against God.
 - If we have been made _____ in Christ, then we should not want to live like the world around us.
 - Our love for _____ should guide all that we do, rather than our love for the things of the world.
 - We should be careful about what we allow to _____ us so that we aren’t drawn away from our faith.

Lesson Eight: "The old has passed away..."

We cannot give in to the devil's temptation.

Study Questions:

Write James 4:7.

Read James 4:7.

1. What two things does this verse command you to do?
2. What will happen if you do these things?
3. How can you submit yourself to God?
4. How can you resist the devil?
5. Does Satan have the same power or knowledge as God?
6. Sometimes we forget that Satan is not equal to God, but is a created being. How does Satan being a created being change the way you view him?

Lesson Eight: "The old has passed away..."

We cannot give in to the devil's temptation.

Video Notes:

- James says in James 4:7 that we are to resist the devil, which makes it clear that Satan is _____.
- Some people see Satan as the _____ of God. By that I mean that they think that God is the ultimate _____ being and Satan is the ultimate _____ being.
- As a _____ being, Satan cannot possibly possess the same _____ and abilities as God.

The fact that Satan is not a _____ is significant for at least three reasons.

1. First, it means that Satan is not omniscient, or _____. Only God knows everything; only God is never _____.
2. Satan's not being like god also means that he is not omnipresent, or _____ at one time.
3. Finally, Satan's not being a god means that he is not omnipotent, or _____. Satan can only do what God allows, and he cannot _____. _____ is more powerful than Satan, and _____ will be victorious in the end.

At times it may seem like Satan is relentless in his _____. However, as we read in James 4:7, if we resist, Satan will _____.

Lesson Nine: "The new has come..."

We must live worthy of our calling.

Study Questions:

Write Ephesians 4:1-3.

Read Ephesians 4:1-3.

1. In what manner are we to live or walk?
2. How was Christ humble?
3. How was Christ gentle?
4. How was Christ patient?
5. How did Christ bear with people in love?
6. How can we be more like Christ in possessing these characteristics?

Lesson Nine: "The new has come..."

We must live worthy of our calling.

Video Notes:

In Ephesians 4:2-3, Paul lists five ways that we can be more like Christ:

1. First, he says we are to be _____. C.S. Lewis said, "Humility is not thinking less of yourself, but thinking of yourself _____. Although He was equal to God, Jesus was willing to humble Himself by taking on the form of a lowly _____ and becoming obedient to the point of death.
2. Next, Paul says we are to be _____. When we are gentle, we treat people with care, doing our best to not _____ or _____ them. In Matthew 11:28-30, Jesus says that He is gentle and will provide _____ for our weary souls.
3. Paul also writes that we are to be _____. There are two areas of our lives that require us to show patience. First, we must be patient in the midst of difficult _____. Second, we must be patient when dealing with difficult _____. The best example of Jesus demonstrating patience is during His crucifixion.
4. We should also be _____. It's ok to call sin, sin; however, we are to do it out of love. We Have to be careful how we treat people who are _____, because we ourselves are sinners in need of forgiveness.
5. Finally, we should maintain the unity of the Spirit in the bond of peace. The idea here is to focus on what we _____ and what binds us together as Christians, maintaining peace or _____ in spite of our many differences.

Lesson Ten: "The new has come..."

We must renounce our old godless way of life and live godly lives.

Study Questions:

Write Titus 2:11-14.

Read Titus 2:11-14.

1. What does the grace of God do for us?
2. What must we train ourselves to do?
3. Why do we need to train ourselves to renounce ungodliness and live godly lives?
4. Why did Jesus give Himself for us?
5. What does it mean that Jesus redeemed us from lawlessness?
6. What does it mean that Jesus purified us to make a people for Himself, zealous for good works?

Lesson Ten: "The new has come..."

We must renounce our old godless way of life and live godly lives.

Video Notes:

In Titus 2:11-14, we see two reasons that Jesus _____ Himself for us, and two things that we should ____ as a result.

1. First, Jesus gave himself "to _____ us from all lawlessness." The word *redeem* means to liberate by payment of a _____. As a result, we must _____ the ways of the world, refusing to give in to our own sinful desires.
2. Second, Jesus gave himself "to _____ for himself a people for his own possession who are zealous for good works." Therefore, we should be _____, doing what's right, what's in keeping with God's character.

In Ephesians 4:22-24, Paul says we are to put _____ the old self and put on the _____ self. Here are a few practical steps.

1. First, we should identify which _____ and attitudes we have that are still part of our old self.
2. Then we should identify which behavior or attitude we can _____ in its place.
3. Next, we should choose one to focus on at a time, so that we're not _____, trying to make too many changes at once.
4. Then, we should find a _____ to memorize that talks about what we want to put on.
5. Finally, make a list of _____ things that you can do to stop doing the old thing and start doing the new.