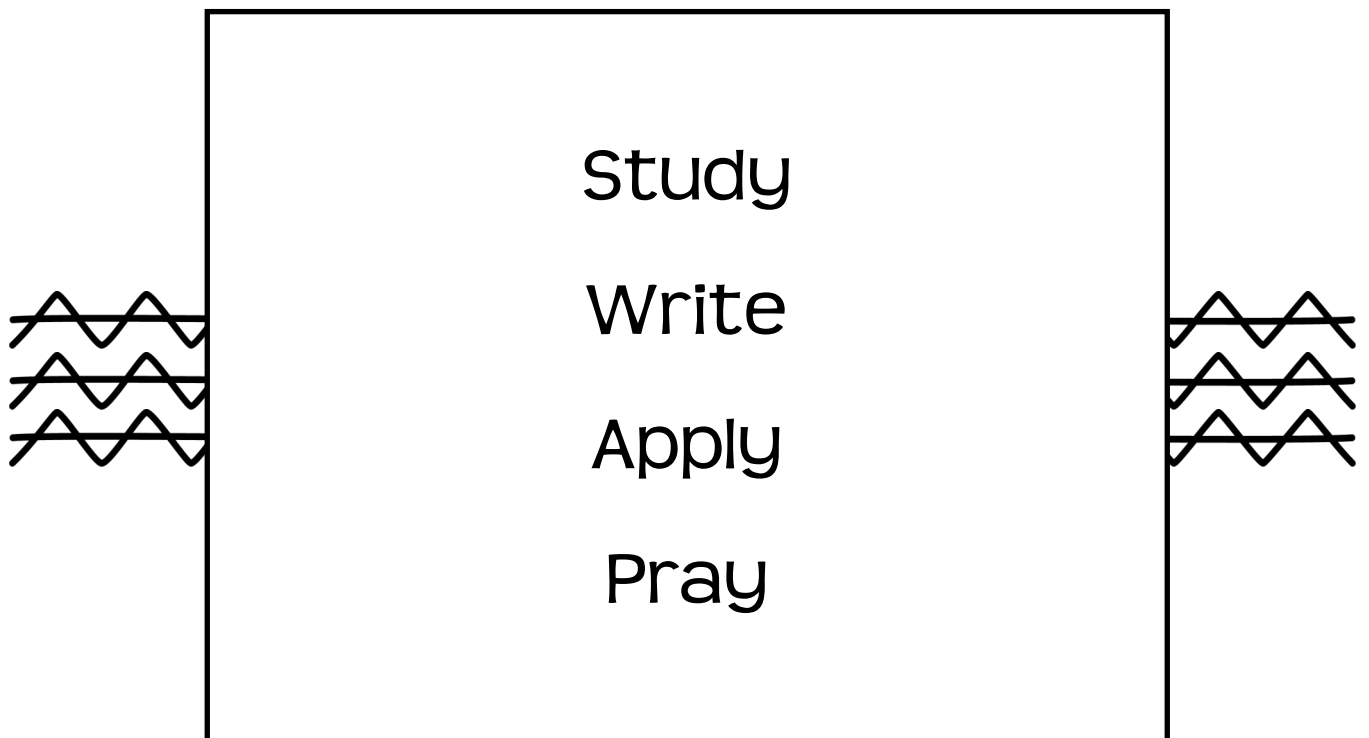


The S.W.A.P

Bible Study Method

Bible Study Journal



The S.W.A.P

Bible Study Method

Romans 12:2 tells us to not be conformed to this world, but to be transformed by renewing our minds.

To do that, we must SWAP out our old, worldly way of thinking with a new, godly way of thinking.

We can use the SWAP Bible study method:

- 1) **Study** the passage, paying attention to the words, punctuation, grammar, context, etc.
- 2) **Write** the passage, or at least the key verse(s).
- 3) **Apply** the passage, thinking about what you need to change in your life as a result of what you've learned.
- 4) **Pray** the passage, asking God to help you remember and apply what you've learned.

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How to use these journal pages:

1) Study the passage:

- Think about what the verses are saying. Rewrite them in your own words.
- Think about what the verses mean. What do they tell you about God or about how He wants you to live? What underlying principle can you learn from the passage?
- Write down any questions you have about the passage that you'd like to study further.
- Write down whatever thoughts the passage evokes—if it convicts you or challenges you in a certain area, if it makes you think of other verses, etc.

2) Write the passage:

- Copy the passage, or at least the key verse or verses, word-for-word from your favorite translation.

3) Apply the passage:

- Write down things that you need to change in your life as a result of this passage as the Holy Spirit brings them to mind, areas where you feel convicted.
- Come up with a few practical action steps that you can take to actually make those changes in your life. It may help to focus on one change at a time.

4). Pray the passage

- Write down a few specific things that you'd like to pray about related to the passage.
- Use your prayer points to write out a prayer to God.

*TIP: It's ok to take your time and really dig into God's Word. Use one page each day for an in depth study of any passage.

*Trim the bonus Bible verse print to display in an 8x10 frame, or use it as the cover of your Bible study journal notebook!



Study the passage



What does the passage say?

What does the passage mean?

Questions about the passage?

Thoughts about the passage?

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Write the passage



Date:

Passage:

Handwriting practice area consisting of 20 horizontal dashed lines.



Apply the passage



Things I need to change as a result of this passage:

Specific steps I can take to make these changes:

- 1)
- 2)
- 3)
- 4)
- 5)
- 6)
- 7)
- 8)
- 9)
- 10)

live
worthy
of the
calling
you have
received

Ephesians 4:1